



February 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					1 Cereal and Bananas Milk
Lunch					Tomato Soup Grilled Cheese Sandwich Apricots Milk
Veggie Opt					Tomato Soup
PM Snack					Trail Mix Ice Water
	4	5	6	7	8
Breakfast	Strawberries and Yogurt Milk	Cheesy Biscuits W/Oranges Milk	Cheese Grits Milk	Blueberry Muffins W/Applesauce Milk	Cheerios and bananas Milk
Lunch	Chicken Nuggets Mashed Potatoes Peaches Milk	Baked Chicken Sandwich Whole Grain Bun Green Beans Pears Milk	Cheese Pizza Corn Mandarin Oranges Milk	Steak Fingers Broccoli & Cheese Pears Milk	Cheese Ravioli w/ Meat Sauce Sweet Peas Garlic Bread Peaches Milk
Veggie Opt	Veggie Nuggets	Grilled Cheese Sandwich	Cheese Pizza	Veggie Nuggets	Cheese Ravioli
PM Snack	Banana Pudding Nilla Wafers Ice Water	Cheese Cubes & Buttered Crackers Ice Water	Goldfish Ice Water	Cheese Sticks and Pretzels Ice Water	Chocolate Chip Muffins Ice Water
	11	12	13	14	15
Breakfast	Pankcakes W/Maple Syrup W/Mandarin Oranges Milk	Whole Wheat Bagels W/Cream Cheese Milk	Cereal W/Oranges Milk	Buttered Biscuits W/Jelly Milk	Maple and Brown Sugar Oatmeal W/Blueberries Milk
Lunch	Baked Fish Sticks Mashed Potatoes Apple Sauce Milk	Spaghetti W/Meat Sauce Mixed Veggies Garlic Bread Peaches Milk	Sausage and Waffles w/Syrup Mashed Potatoes Blueberries Milk	Valentine Party Sign Up	Meatballs & Buttered Noodles Green Beans Mandarin Oranges Milk
Veggie Opt	Veggie Nuggets	Spaghetti W/Tomato Sauce	Veggie Nuggets & Waffles	Grilled Cheese Sandwich	Mac N' Cheese
PM Snack	Chocolate Pudding W/Animal Crackers Ice Water	Graham Crackers and Sunbutter Ice Water	Trail Mix Ice Water	Strawberries and Yogurt Ice Water	Nutra Grain Bar Applesauce Ice Water
	18	19	20	21	22
Breakfast	Pankcakes w/Syrup Milk	Toast w/Jelly Milk	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles
Lunch	Chicken and Rice Corn Pears Milk	Goulash w/Ground Beef Broccoli Pears Milk	Chef's Choice Please see Tadpoles	Chef's Choice Please see Tadpoles	Chef's Choice Please see Tadpoles
Veggie Opt	Cheesy Rice	Goulash w/o Meat	Chef's Choice	Chef's Choice	Chef's Choice
PM Snack	Goldfish Ice Water	Carrots w/ Ranch (Animal Cracker alt.) Ice Water	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles
	25	26	27	28	
Breakfast	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles	Waffles w/maple syrup Bananas Milk	Cheese Grits Peaches Milk	
Lunch	Chef's Choice Please see Tadpoles	Chef's Choice Please see Tadpoles	Chicken and Cheese Quesadilla Rice Pears Milk	Frito Pie Corn Peaches	
Veggie Opt	Chef's Choice	Chef's Choice	Cheese Quesadillas	Cheese Nachos	
PM Snack	Chef's Choice Please See Tadpoles	Chef's Choice Please See Tadpoles	Crackers and Cheese Cubes Ice Water	Graham Crackers and Sunbutter Ice Water	