

January 2020 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1 Turkey Sausage Biscuit and Milk	2 Cinnamon Toast, Bananas and Milk
Lunch				Grilled Cheese Sandwich, Salad with Ranch, Carrots and Milk	Teriyaki Chicken and Rice, Mixed Veggies and Milk
PM Snack				Fresh Fruit	Animal Crackers
AM Snack	6 Bagels w/ Cream Cheese and Milk	7 Oatmeal with Blueberries and Milk	8 Waffles, Pineapples and Milk	9 Blueberry Muffins, Applesauce and Milk	10 Chef's Choice
Lunch	BBQ Chicken Sandwichs, Pears & Carrots and Milk	Turkey & Cheese Roll Ups, Sweet Potato Fries, Green Beans and Milk	Cheese Enchiladas, Refried Beans, Pears and Milk	Baked Ravioli, Salad with Ranch, Peas and Milk	Chef's Choice
PM Snack	Saltine Crackers, Sliced Cheese	Carrots with Ranch (Toddler Substitute)	Yogurt, Graham Crackers	Fresh Fruit	Chef's Choice
AM Snack	13 Biscuit with Jelly, Applesauce and Milk	14 Cereal, Strawberries and Milk	15 Pancakes, Blueberries and Milk	16 Turkey Sausage Biscuit and Milk	17 Cinnamon Toast, Bananas and Milk
Lunch	Grilled Chicken Sandwich, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	WG Spaghetti w/ Meat Sauce, Salad with Ranch, Peas and Milk	Fish Sticks, Mixed Vegetables, Peaches and Milk
PM Snack	Trail Mix	Carrots with Ranch (Toddler Substitute)	Yogurt, Graham Crackers	Fresh Fruit	Animal Crackers
AM Snack	20 Bagels w/ Cream Cheese and Milk	21 Oatmeal with Blueberries and Milk	22 Waffles, Pineapples and Milk	23 Blueberry Muffins, Applesauce and Milk	24 Chef's Choice
Lunch	Chicken Nuggets, Mashed Potatoes, Carrots and Milk	Turkey & Cheese Roll Ups, Sweet Potato Fries, Green Beans and Milk	Soft Tacos, Refried Beans, Pears and Milk	Baked Ziti, Mixed Veggies, Mixed Fruit and Milk	Chef's Choice
PM Snack	Saltine Crackers, Sliced Cheese	Carrots with Ranch (Toddler Substitute)	Yogurt, Graham Crackers	Fresh Fruit	Chef's Choice
AM Snack	27 Biscuit with Jelly, Applesauce and Milk	28 Cereal, Strawberries and Milk	29 Pancakes, Blueberries and Milk	30 Turkey Sausage Biscuit and Milk	31 Cinnamon Toast, Bananas and Milk
Lunch	Cheeseburger, Carrots, Pineapples and Milk	Turkey & Cheese Roll Ups, Sweet Potato Fries, Green Beans and Milk	Bean & Cheese Burritos, Spanish Rice, Pears and Milk	Cheese Pizza, Salad W/Ranch, Fruit & Milk	Sweet & Sour Chicken, Mixed Veggies & Milk
PM Snack	Trail Mix	Carrots with Ranch (Toddler Substitute)	Yogurt, Graham Crackers	Fresh Fruit	Animal Crackers

*Menu is subject to change