


September 2020 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		1 Cereal, Strawberries and Milk	2 Pancakes, Blueberries and Milk	3 Turkey Sausage Biscuit and Milk	4 Cinnamon Toast, Bananas and Milk
Lunch		Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Taco Salad, Black Beans, Pears & Milk	Grilled Cheese Sandwich, Salad with Ranch, Peas and Milk	Sweet & Sour Chicken, Mixed Vegetables, Mixed Fruit and Milk
PM Snack		Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Goldfish
AM Snack	7 Xplor Closed For Labor Day!	8 Oatmeal with Blueberries and Milk	9 Waffles, Pineapples and Milk	10 Muffins W/Jelly, Applesauce and Milk	11 Chef's Choice
Lunch		Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Enchiladas, Pinto Beans, Pears and Milk	Cheese Pizza, Salad with Ranch, Peas and Milk	Chef's Choice
PM Snack		Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Chef's Choice
AM Snack	14 Bagels w/ Cream Cheese and Milk	15 Cereal, Strawberries and Milk	16 Pancakes, Blueberries and Milk	17 Turkey Sausage Biscuit and Milk	18 Cinnamon Toast, Bananas and Milk
Lunch	Chicken Soft Tacos, Pinto Beans, Applesauce & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	WG Spaghetti w/ Meat Sauce, Salad with Ranch, Peas and Milk	Teriyaki Chicken w/Rice, Mixed Veggies, WG Bread & Milk
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Animal Crackers
AM Snack	21 Cinnamon Toast, Bananas & Milk	22 Oatmeal with Blueberries and Milk	23 Waffles, Pineapples and Milk	24 Muffins W/Jelly, Applesauce and Milk	25 Chef's Choice
Lunch	Hamburger, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Bean & Cheese Tacos, Spanish Rice, Pears and Milk	Baked Ziti, Mixed Veggies, Mixed Fruit and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Chef's Choice
AM Snack	28 Bagels w/ Cream Cheese and Milk	29 Cereal, Strawberries and Milk	30 Pancakes, Blueberries and Milk		
Lunch	Grilled Turkey & Cheese Sandwich, Carrots, & Pineapples	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Soft Tacos, Pinto Beans, Pears & Milk		
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins		

*Menu is subject to change