

January Menu 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Pancakes, Applesauce, Milk/Water 3	Oatmeal, Blueberries, Milk/Water 4	Bagels w/ Cream Cheese, Strawberries, Milk/Water 5	Apple Cinnamon Muffins, Apple Slices, Milk/Water 6	Cheese Toast, Bananas, Milk/Water 7
Lunch	Bean and Cheese Burritos, Spanish Rice, Pears, Milk/Water	BBQ Chicken Sandwiches, Carrots, Peaches, Milk/Water	Chef's Choice, Green Beans, Oranges, Milk/Water	Spaghetti w/ Meat Sauce, Peas, Pineapple, Milk/Water	Chicken and Rice, Fruit, Vegetable, Milk/Water
PM Snack	Cheeze Its & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Bitz Crackers & Water	Pretzels & Water
Breakfast	Blueberry Muffins, Applesauce, Milk/Water 10	Turkey Sausage Biscuit, Diced Mangos, Milk/Water 11	Nutrigrain Bars, Strawberries, Milk/Water 12	Waffles, Apple Slices, Milk/Water 13	Cereal, Bananas, Milk/Water 14
Lunch	Cheese Quesadilla, Corn, Mixed Fruit, Milk/Water	BBQ Meatballs, Green Beans, Pears, Milk/Water	Chicken Rings, Mixed Vegetables, Oranges, Milk/Water	Lasagna, Salad w/ Ranch, Pineapples, Milk/Water	Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack	Goldfish & Water	Teddy Grahams & Water	Vanilla Wafers & Water	Animal Crackers & Water	Chex Mix & Water
Breakfast	Pancakes, Applesauce, Milk/Water 17	Oatmeal, Blueberries, Milk/Water 18	Bagels w/ Cream Cheese, Strawberries, Milk/Water 19	Apple Cinnamon Muffins, Apple Slices, Milk/Water 20	Cheese Toast, Bananas, Milk/Water 21
Lunch	Turkey Cheese Roll Up, Tator Tots, Oranges, Milk/Water	Steak Fingers, Mashed Potatoes, Pineapples, Milk/Water	Chef's Choice, Carrots, Pears, Milk/Water	Chicken Alfredo, Green Beans, Peaches, Milk/Water	Beefy Mac, Fruit, Vegetable, Milk/Water
PM Snack	Cheeze Its & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Bitz Crackers & Water	Pretzels & Water
Breakfast	Blueberry Muffins, Applesauce, Milk/Water 24	Turkey Sausage Biscuit, Diced Mangos, Milk/Water 25	Nutrigrain Bars, Strawberries, Milk/Water 26	Waffles, Apple Slices, Milk/Water 27	Cereal, Bananas, Milk/Water 28
Lunch	Turkey Tacos, Refried Beans, Fruit Cocktail, Milk/Water	Chicken Sandwich, Baked Beans, Peaches, Milk/Water	Fish Sticks, Corn, Pears, Milk/Water	Pizza, Salad w/ Ranch, Pineapple, Milk/Water	Salisbury Steak, Mashed Potatoes, Mixed Fruit, Milk/Water
PM Snack	Goldfish & Water	Teddy Grahams & Water	Vanilla Wafers & Water	Animal Crackers & Water	Chex Mix & Water
Breakfast	Pancakes, Applesauce, Milk/Water 31	1	2	3	4
Lunch	Bean and Cheese Burritos, Spanish Rice, Pears, Milk/Water				
PM Snack	Cheeze Its & Water				