

# July 2022 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					<sup>1</sup> Cereal, Bananas & Milk
Lunch	<b>Menu Subject to Change</b>				Turkey & Cheese Roll-Ups, Salad, Mixed Fruit, & Milk
PM Snack					Nutrigrain Bars, Water
Breakfast	<sup>4</sup> <b>Closed</b>	<sup>5</sup> Waffles, Blueberries, & Milk	<sup>6</sup> Oatmeal, Raisins, & Milk	<sup>7</sup> French Toast, Mangos & Milk	<sup>8</sup> Cereal, Bananas & Milk
Lunch	<b>4th of July</b>	Cheese Quesidilla, Beans, Corn, Pears, & Milk	Rib Sandwich, Green Beans, Mandarin Oranges, & Milk	Macaroni & Cheese, Salad, Pineapple, & Milk	Pizza, Salad, Mixed Fruit, & Milk
PM Snack		Pretzels, Cheese Cubes, Water	Wheat Crackers, Water	Fresh Fruit & Water	Nutrigrain Bars, Water
Breakfast	<sup>11</sup> Pancakes, Applesauces, & Milk	<sup>12</sup> Waffles, Blueberries, & Milk	<sup>13</sup> Bagels with Cream Cheese, Apples & Milk	<sup>14</sup> Turkey Sausage Biscuits, Apricots, & Milk	<sup>15</sup> Cereal, Bananas & Milk
Lunch	Hamburger, Carrots, Peaches, & Milk	Bean & Cheese Burritos, Corn, Pears, & Milk	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges, Milk	Baked Rotini, Salad, Pineapple, & Milk	Turkey & Cheese Roll-Ups, Salad, Mixed Fruit, & Milk
PM Snack	Fig Bars & Water	Graham Crackers, Yogurt & Water	Goldfish, Water	Fresh Fruit, Water	Nutrigrain Bars, Water
Breakfast	<sup>18</sup> Blueberry Muffins, Applesauce & Milk	<sup>19</sup> Waffles, Blueberries, & Milk	<sup>20</sup> Oatmeal, Raisins, & Milk	<sup>21</sup> French Toast, Mangos & Milk	<sup>22</sup> Cereal, Bananas & Milk
Lunch	Diced Turkey, Roll, Carrots, Peaches, & Milk	Cheese Quesidilla, Beans, Corn, Pears, & Milk	Rib Sandwich, Green Beans, Mandarin Oranges, & Milk	Macaroni & Cheese, Salad, Pineapple, & Milk	Pizza, Salad, Mixed Fruit, & Milk
PM Snack	Saltine Crackers, Cheese, Water	Pretzels, Cheese Cubes, Water	Wheat Crackers, Water	Fresh Fruit & Water	Nutrigrain Bars, Water
Breakfast	<sup>25</sup> Pancakes, Applesauces, & Milk	<sup>26</sup> Waffles, Blueberries, & Milk	<sup>27</sup> Bagels with Cream Cheese, Apples & Milk	<sup>28</sup> Turkey Sausage Biscuits, Apricots, & Milk	<sup>29</sup> Cereal, Bananas & Milk
Lunch	Hamburger, Carrots, Peaches, & Milk	Bean & Cheese Burritos, Corn, Pears, & Milk	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges, Milk	Baked Rotini, Salad, Pineapple, & Milk	Turkey & Cheese Roll-Ups, Salad, Mixed Fruit, & Milk
PM Snack	Fig Bars & Water	Graham Crackers, Yogurt & Water	Goldfish, Water	Fresh Fruit & Water	Nutrigrain Bars, Water

