


July Menu 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	30	1
Breakfast	* Menu is subject to change				Cereal, Bananas, Milk/Water
Lunch	*Vegetarian				Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack					Graham Crackers & Water
Breakfast		5	6	7	8
Lunch		French Toast Sticks, Blueberries, Milk/Water Sweet and Sour Chicken, Mixed Veggies & Rice, Pineapples, Milk/Water	Bagels w/ Cream Cheese, Strawberries. Milk/Water Chef's Choice, Carrots, Pears, Milk/Water	English Muffins w/ Jelly, Apple Slices. Milk/Water Turkey Alfredo, Green Beans, Peaches, Milk/Water	Cheese Toast, Bananas, Milk/Water Beefy Mac, Fruit, Vegetable, Milk/Water
PM Snack		Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
Breakfast	11	12	13	14	15
Lunch	Blueberry Muffins, Applesauce, Milk/Water *Beef Tacos, Pinto Beans, Oranges, Milk/Water	Turkey Sausage Biscuit, Diced Mangos, Milk/Water Grilled Turkey and Cheese Sandwich, Baked Beans, Peaches, Milk/Water	Nutrigrain Bars, Strawberries, Milk/Water Fish Sticks, Corn, Pears, Milk/Water	Waffles, Apple Slices, Milk/Water Pizza, Salad w/ Ranch, Pineapple, Milk/Water	Cereal, Bananas, Milk/Water Salisbury Steak, Mashed Potatoes, Mixed Fruit Milk/Water
PM Snack	Goldfish & Water	Teddy Grahams & Water	Wheat Wafers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water
Breakfast	18	19	20	21	22
Lunch	Pancakes, Applesauce, Milk/Water Grilled Cheese Sandwich, Carrots Pears, Milk/Water	French Toast Sticks, Blueberries, Milk/Water Chicken Sliders, Corn, Peaches, Milk/Water	Bagels w/ Cream Cheese, Strawberries. Milk/Water Chef's Choice, Green Beans, Oranges, Milk/Water	English Muffins w/ Jelly, Apple Slices. Milk/Water Rotini w/ Meat Sauce, Peas, Pineapple, Milk/Water	Cheese Toast, Bananas, Milk/Water Slopp Joes, Fruit, Vegetable, Milk/Water
PM Snack	Fig Newton & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
Breakfast	25	26	27	28	29
Lunch	Blueberry Muffins, Applesauce, Milk/Water Cheese Quesadilla, Corn, Mixed Fruit, Milk/Water	Turkey Sausage Biscuit, Diced Mangos. Milk/Water Rib Sandwich, Green Beans, Pears, Milk/Water	Nutrigrain Bars, Strawberries, Milk/Water Chicken Nuggets, Mixed Vegetables, Oranges, Milk/Water	Waffles, Apple Slices, Milk/Water Beef Ravioli, Salad w/ Ranch, Pineapples, Milk/Water	Cereal, Bananas, Milk/Water Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack	Goldfish & Water	Teddy Grahams & Water	Wheat Wafers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water