

July Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1 Cinnamon Toast, Bananas and Milk
Lunch					Sweet & Sour Chicken, Mixed Vegetables, Mixed Fruit and Milk
PM Snack					Goldfish
AM Snack		5 Oatmeal with Blueberries and Milk	6 Waffles, Pineapples and Milk	7 Muffins W/Jelly, Applesauce and Milk	8 Chef's Choice
Lunch		Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Tortellini, Pinto Salad with Ranch, Pears and Milk	Cheese Pizza, Salad with Ranch, Peas and Milk	Chef's Choice
PM Snack		Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Chef's Choice
AM Snack	11 Bagels w/ Cream Cheese and Milk	12 Cereal, Strawberries and Milk	13 Pancakes, Blueberries and Milk	14 Turkey Sausage Biscuit and Milk	15 Cinnamon Toast, Bananas and Milk
Lunch	Grilled Cheese, Carrots, Applesauce & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	WG Spaghetti w/ Meat Sauce, Salad with Ranch, Peas and Milk	Teriaki Chicken w/Rice, Mixed Veggies, WG Bread & Milk
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Animal Crackers
AM Snack	18 Cinnamon Toast, Bananas & Milk	19 Oatmeal with Blueberries and Milk	20 Waffles, Pineapples and Milk	21 Muffins W/Jelly, Applesauce and Milk	22 Chef's Choice
Lunch	Hamburger, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Sloopy Joe, Corn, Pears and Milk	Baked Ziti, Mixed Veggies, Mixed Fruit and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Chef's Choice
AM Snack	25 Bagels w/ Cream Cheese and Milk	26 Cereal, Strawberries and Milk	27 Pancakes, Blueberries and Milk	28 Turkey Sausage Biscuit and Milk	29 Cinnamon Toast, Bananas and Milk
Lunch	Grilled Turkey & Cheese Sandwich, Carrots, & Pineapples	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Chicken Corn Dog, Carrots, Pears & Milk	Mac N Cheese, Mixed Veggies, Mixed Fruit & Milk	Sweet & Sour Chicken, Mixed Veggies, WG Bread & Milk
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Goldfish

*Menu is subject to change