

September 2022 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				1 French Toast, Mangos & Milk	2 Cereal, Bananas & Milk
Lunch				Macaroni & Cheese, Salad, Pineapple, & Milk	Pizza, Green Beans, Apricots, & Milk
PM Snack				Animal Crackers, Water	Nutrigrain Bars, Water
Breakfast	5	6 Waffles, Blueberries, & Milk	7 Bagels with Cream Cheese, Apples & Milk	8 Turkey Sausage Biscuits, Apricots, & Milk	9 Cereal, Bananas & Milk
Lunch	XPLOR CLOSED	Bean & Cheese Burritos, Corn, Pears, & Milk	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges, Milk	Baked Rotini, Salad, Pineapple, & Milk	Turkey & Cheese Roll-Ups, Green Beans, Apricots, & Milk
PM Snack		Graham Crackers, Yogurt & Water	Goldfish, Water	Fresh Fruit & Water	Nutrigrain Bars, Water
Breakfast	12 Blueberry Muffins, Applesauce & Milk	13 Waffles, Blueberries, & Milk	14 Oatmeal, Raisins, & Milk	15 French Toast, Mangos & Milk	16 Cereal, Bananas & Milk
Lunch	Diced Turkey, Roll, Carrots, Peaches, & Milk	Bean & Cheese Burritos, Corn, Pears, & Milk	Rib Sandwich, Mashed Potatoes, Mandarin Oranges, & Milk	Macaroni & Cheese, Salad, Pineapple, & Milk	Pizza, Green Beans, Apricots, & Milk
PM Snack	Crackers, Cheese, Water	Pretzels, Cheese Cubes, Water	Cheese-Its, Water	Animal Crackers, Water	Nutrigrain Bars, Water
Breakfast	19 Pancakes, Applesauces, & Milk	20 Waffles, Blueberries, & Milk	21 Bagels with Cream Cheese, Apples & Milk	22 Turkey Sausage Biscuits, Apricots, & Milk	23 Cereal, Bananas & Milk
Lunch	Hamburger, Carrots, Peaches, & Milk	Bean & Cheese Burritos, Corn, Pears, & Milk	Chicken Nuggets, Mashed Potatoes, Mandarin Oranges, Milk	Baked Rotini, Salad, Pineapple, & Milk	Turkey & Cheese Roll-Ups, Green Beans, Apricots & Milk
PM Snack	Fig Bars & Water	Graham Crackers, Yogurt & Water	Goldfish, Water	Fresh Fruit & Water	Nutrigrain Bars, Water
Breakfast	26 Blueberry Muffins, Applesauce & Milk	27 Waffles, Blueberries, & Milk	28 Oatmeal, Raisins, & Milk	29 French Toast, Mangos & Milk	30 Cereal, Bananas & Milk
Lunch	Diced Turkey, Roll, Carrots, Peaches, & Milk	Bean & Cheese Burritos, Corn, Pears, & Milk	Rib Sandwich, Green Beans, Mandarin Oranges, & Milk	Macaroni & Cheese, Salad, Pineapple, & Milk	Pizza, Green Beans, Apricots, & Milk
PM Snack	Crackers, Cheese, Water	Pretzels, Cheese Cubes, Water	Cheese-Its, Water	Animal Crackers, Water	Nutrigrain Bars, Water

