

# November Menu 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	31 *Menu is subject to change	1 Turkey Sausage Biscuit, Diced Mangos, Milk/Water	2 Nutrigrain Bars, Strawberries, Milk/Water	3 Waffles, Apple Slices, Milk/Water	4 Cereal, Bananas, Milk/Water
<b>Lunch</b>		Grilled Turkey and Cheese Sandwich, Baked Beans, Peaches, Milk/Water	Fish Sticks, Corn, Pears, Milk/Water	Pizza, Salad w/ Ranch, Pineapple, Milk/Water	Salisbury Steak, Mashed Potatoes, Mixed Fruit Milk/Water
<b>PM Snack</b>		Teddy Grahams & Water	Wheat Wafers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water
<b>Breakfast</b>	7 Pancakes, Applesauce, Milk/Water	8 French Toast Sticks, Blueberries, Milk/Water	9 Bagels w/ Cream Cheese, Strawberries, Milk/Water	10 English Muffins w/ Jelly, Apple Slices, Milk/Water	11 Cheese Toast, Bananas, Milk/Water
<b>Lunch</b>	Grilled Cheese Sandwich, Carrots, Pears, Milk/Water	Chicken Sliders, Corn, Peaches, Milk/Water	Chef's Choice, Green Beans, Oranges, Milk/Water	Rotini w/ Meat Sauce, Peas, Pineapple, Milk/Water	Sloppy Joes, Fruit, Vegetable, Milk/Water
<b>PM Snack</b>	Fig Newton & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
<b>Breakfast</b>	14 Blueberry Muffins, Applesauce, Milk/Water	15 Turkey Sausage Biscuit, Diced Mangos, Milk/Water	16 Nutrigrain Bars, Strawberries, Milk/Water	17 Waffles, Apple Slices, Milk/Water	18 Cereal, Bananas, Milk/Water
<b>Lunch</b>	Cheese Quesadilla, Corn, Mixed Fruit, Milk/Water	Rib Sandwich, Green Beans, Pears, Milk/Water	Chicken Nuggets, Mixed Vegetables, Oranges, Milk/Water	Beef Ravioli, Salad w/ Ranch, Pineapples, Milk/Water	Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
<b>PM Snack</b>	Goldfish & Water	Teddy Grahams & Water	Wheat Wafers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water
<b>Breakfast</b>	21 Pancakes, Applesauce, Milk/Water	22 French Toast Sticks, Blueberries, Milk/Water	23 Bagels w/ Cream Cheese, Strawberries, Milk/Water	24	25
<b>Lunch</b>	Turkey Cheese Roll Up, Tator Tots, Oranges, Milk/Water	Sweet and Sour Chicken, Mixed Veggies, Pineapples, Milk/Water	Chef's Choice, Carrots, Pears, Milk/Water	 <p style="text-align: center;"><b>Closed Thursday &amp; Friday</b> HAPPY THANKSGIVING <b>Have a wonderful holiday!</b></p>	
<b>PM Snack</b>	Fig Newton & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water		
<b>Breakfast</b>	28 Blueberry Muffins, Applesauce, Milk/Water	29 Turkey Sausage Biscuit, Diced Mangos, Milk/Water	30 Nutrigrain Bars, Strawberries, Milk/Water		
<b>Lunch</b>	Beef Tacos, Pinto Beans, Oranges, Milk/Water	Grilled Turkey and Cheese Sandwich, Baked Beans, Peaches, Milk/Water	Fish Sticks, Corn, Pears, Milk/Water		
<b>PM Snack</b>	Goldfish & Water	Teddy Grahams & Water	Wheat Wafers & Water		

