


December Menu 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	28	29	30	1	2
				Waffles, Apple Slices, Milk/Water	Cereal, Bananas, Milk/Water
Lunch				Pizza, Carrots, Pineapple, Milk/Water	Salisbury Steak, Mashed Potatoes, Mixed Fruit, Milk/Water
PM Snack				Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water
Breakfast	5	6	7	8	9
	Pancakes, Applesauce, Milk/Water	French Toast Sticks, Diced Mangos, Milk/Water	Bagels w/ Cream Cheese, Blueberries, Milk/Water	English Muffins w/ Jelly, Apple Slices, Milk/Water	Cheese Toast, Bananas, Milk/Water
Lunch	Grilled Cheese Sandwich, Carrots, Pears, Milk/Water	Chicken Sandwiches, Peas, Peaches, Milk/Water	Chef's Choice, Green Beans, Oranges, Milk/Water	Rotini w/ Meat Sauce, Peas, Pineapple, Milk/Water	BBQ Chicken Sandwiches, Fruit, Vegetable, Milk/Water
PM Snack	Fig Newton & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
Breakfast	12	13	14	15	16
	Blueberry Muffins, Applesauce, Milk/Water	Turkey Sausage Biscuit, Diced Mangos, Milk/Water	Nutrigrain Bars, Blueberries, Milk/Water	Waffles, Apple Slices, Milk/Water	Cereal, Banana, Milk/Water
Lunch	Cheese Quesadilla, Corn, Mixed Fruit, Milk/Water	Rib Sandwich, Green Beans, Pears, Milk/Water	Chicken Nuggets, Mixed Vegetables, Oranges, Milk/Water	Beef Ravioli, Corn, Oranges, Milk/Water	Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack	Goldfish & Water	Teddy Grahams & Water	Animal Crackers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water
Breakfast	19	20	21	22	23
	Pancakes, Applesauce, Milk/Water	French Toast Sticks, Diced Mangos, Milk/Water	Bagels w/ Cream Cheese, Blueberries, Milk/Water	English Muffins w/ Jelly, Apple Slices, Milk/Water	Cheese Toast, Mixed Fruit, Milk/Water
Lunch	Beefy Mac, Carrots, Oranges, Milk/Water	Sweet and Sour Chicken, Mixed Vegetable, Pineapples, Milk/Water	Chef's Choice, Peas, Pears, Milk/Water	Chicken Alfredo, Green Beans, Peaches, Milk/Water	Turkey and Cheese Sandwich, Banana, Nutrigrain Bar
PM Snack	Fig Newton & Water	Scooby Doo Crackers & Yogurt & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix (will be added to sack lunch)
Breakfast	26	27	28	29	30
		Turkey Sausage Biscuit, Diced Mangos, Milk/Water	Nutrigrain Bars, Strawberries, Milk/Water	Waffles, Apple Slices, Milk/Water	Cereal, Bananas, Milk/Water
Lunch		Grilled Turkey and Cheese Sandwich, Baked Beans, Peaches, Milk/Water	Fish Sticks, Corn, Pears, Milk/Water	Pizza, Carrots, Pineapple, Milk/Water	Salisbury Steak, Mashed Potatoes, Mixed Fruit, Milk/Water
PM Snack		Teddy Grahams & Water	Animal Crackers & Water	Saltine Crackers, Sliced Cheese & Water	Graham Crackers & Water