

January Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2  Cereal, Blueberries and Milk	3 Cereal, Blueberries and Milk	4 Pancakes, Blueberries and Milk	5 Turkey Sausage Biscuit and Milk	5 Cinnamon Toast, Bananas and Milk
Lunch		Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Spaghetti w/ Meat Sauce, Peas, Pears and milk	Grilled Cheese Sandwich, Peas, Applesauce and Milk	Sweet & Sour Chicken, Mixed Vegetables, Mixed Fruit and Milk
PM Snack		Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Goldfish
AM Snack	9 Bagels w/ Cream Cheese & Milk	10 Cereal with Blueberries and Milk	11 Waffles, Pineapples and Milk	12 Muffins W/Jelly, Applesauce and Milk	13 Chef's Choice
Lunch	Chicken Sandwichs, Pears & Corn and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Tortellini, Mixed Veggies, Pears and Milk	Cheese Pizza, Peas, Pineapple and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Chef's Choice
AM Snack	16 Bagels w/ Cream Cheese and Milk	17 Cereal with Blueberries and Milk	18 Pancakes, Blueberries and Milk	19 Turkey Sausage Biscuit and Milk	21 Cinnamon Toast, Bananas and Milk
Lunch	Chicken Soft Tacos, Pinto Peans, Applesauce & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	Spaghetti w/ Meat Sauce, Peas, Pears and Milk	Teriaki Chicken w/Rice, Mixed Veggies, WG Bread & Milk
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Animal Crackers
AM Snack	23 Bagels w/ Cream Cheese & Milk	24 Cereal with Blueberries and Milk	25 Waffles, Pineapples and Milk	26 Muffins W/Jelly, Applesauce and Milk	27 Chef's Choice
Lunch	Hamburger, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Chicken Tacos, Carrots, Pears and Milk	Baked Ziti, Mixed Veggies, Mixed Fruit and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Chef's Choice
AM Snack	30 Bagels w/ Cream Cheese and Milk	31 Cereal, Strawberries and Milk			
Lunch	Grilled Turkey & Cheese Sandwich, Carrots, & Pineapples	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk			
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)			

*Menu is subject to change