


September Menu 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	31	1
Breakfast	*Menu is subject to change				Cereal, Bananas, Milk/Water
Lunch					Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack					Graham Crackers & Water
Breakfast		5	6	7	8
Lunch		French Toast, Diced Mangos, Milk/Water Sweet and Sour Chicken, Mixed Vegetables, Pineapples, Milk/Water	Bagels w/ Cream Cheese, Blueberries. Milk/Water Chef's Choice, Peas, Pears, Milk/Water	English Muffins w/ Jelly, Apple Slices. Milk/Water Chicken Alfredo, Green Beans, Peaches, Milk/Water	Cheese Toast, Bananas, Milk/Water Beefy Mac, Fruit, Vegetable, Milk/Water
PM Snack		Scooby Doo Crackers & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
Breakfast	11	12	13	14	15
Lunch	Blueberry Muffins, Applesauce, Milk/Water Grilled Turkey and Cheese Sandwich, Baked Beans, Peaches Milk/Water	Cinnamon Toast, Diced Mangos, Milk/Water Turkey Tacos, Pinto Beans, Oranges Milk/Water	Nutrigrain Bars, Blueberries, Milk/Water Fish Sticks, Corn, Pears, Milk/Water	Waffles, Apple Slices, Milk/Water Pizza, Carrots, Pineapple, Milk/Water	Cereal, Bananas, Milk/Water Salisbury Steak, Mashed Potatoes, Mixed Fruit, Milk/Water
PM Snack	Cheeze Its & Water	Teddy Grahams & Water	Vanilla Wafers & Water	Saltine Crackers, String Cheese & Water	Graham Crackers & Water
Breakfast	18	19	20	21	22
Lunch	Pancakes, Applesauce, Milk/Water Grilled Cheese Sandwich, Carrots, Pears, Milk/Water	French Toast, Diced Mangos, Milk/Water Chicken Sandwich, Peas, Peaches, Milk/Water	Bagels w/ Cream Cheese, Blueberries. Milk/Water Chef's Choice, Green Beans, Oranges, Milk/Water	English Muffins w/ Jelly, Apple Slices. Milk/Water Rotini w/ Meat Sauce, Peas, Pineapple, Milk/Water	Cheese Toast, Bananas, Milk/Water BBQ Chicken Sandwiches, Fruit, Vegetable, Milk/Water
PM Snack	Fig Newton & Water	Scooby Doo Crackers & Water	Mixed Berry Animal Crackers & Water	Ritz Sandwich Crackers & Water	Chex Mix & Water
Breakfast	25	26	27	28	29
Lunch	Blueberry Muffins, Applesauce, Milk/Water Cheese Quesadilla, Corn, Mixed Fruit, Milk/Water	Cinnamon Toast, Diced Mangos, Milk/Water Rib Sandwich, Green Beans, Pears, Milk/Water	Nutrigrain Bars, Blueberries, Milk/Water Chicken Nuggets, Mixed Vegetables, Pineapples, Milk/Water	Waffles, Apple Slices, Milk/Water Beef Ravioli, Corn, Oranges, Milk/Water	Cereal, Bananas, Milk/Water Cheeseburgers, Sweet Potato Tots, Peaches, Milk/Water
PM Snack	Cheeze Its & Water	Teddy Grahams & Water	Vanilla Wafers & Water	Saltine Crackers, String Cheese & Water	Graham Crackers & Water