

October Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2 Blueberry Bagels w/ Cream Cheese and Milk	3 Cereal, Blueberries and Milk	4 Pancakes, Pineapples and Milk	5 Muffins w/Jelly and Milk	6 Bagel w/ Cream Cheeset, Bananas and Milk
Lunch	Chicken Nuggets, Mashed Potatos, Carrots & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Taco Salad, Black Beans, Pears & Milk	Penne Pasta, Peas, Applesauce and Milk	Bean & Cheese Tacos, Mixed Vegetables, Mixed Fruit and Milk
PM Snack	Yogurt & Graham Crackers	Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Goldfish
AM Snack	9 Blueberry Bagels w/ Cream Cheese & Milk	10 Cereal with Blueberries and Milk	11 Waffles, Pineapples and Milk	12 Muffins W/Jelly, Applesauce and Milk	13 Chef's Choice
Lunch	Chicken Sandwich, Pears & Corn and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Tortellini, Mixed Veggies, Pears and Milk	Cheese Pizza, Peas, Pineapple and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	Chef's Choice
AM Snack	16 Blueberry Bagels w/ Cream Cheese and Milk	17 Cereal with Blueberries and Milk	18 Pancakes, Pineapples and Milk	19 Muffins W/Jelly and Milk	20 Bagel w/ Cream Cheese Bananas and Milk
Lunch	Grilled Cheese Sandwich, Carrots, Applesauce & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	WG Spaghetti w/ Meat Sauce, Peas, Pears and Milk	Teriaki Chicken w/Rice, Mixed Veggies, WG Bread & Milk
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Animal Crackers
AM Snack	23 Blueberry Bagelsw/ Cream Cheese & Milk	24 Cereal with Blueberries and Milk	25 Waffles, Pineapples and Milk	26 Muffins W/Jelly, Applesauce and Milk	27 Chef's Choice
Lunch	Hamburger, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Chicken Tacos, Carrots, Pears and Milk	Mac & Cheese, Mixed Veggies, Mixed Fruit and Milk	Chef's Choice
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Chef's Choice
AM Snack	30 Bagels w/ Cream Cheese and Milk	31 Cereal, with Blueberries and Milk			
Lunch	Grilled Turkey & Cheese Sandwich, Carrots, & Pineapples	Turkey & Cheese Rollups, Sweet Potato Fries, Green Beans and Milk			
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)			

*Menu is subject to change