



# November Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Pancakes, Pineapples and Milk	2 Muffins w/Jelly and Milk	3 Bagel w/ Cream Cheeset, Bananas and Milk
Lunch			Taco Salad, Black Beans, Pears & Milk	Penne Pasta, Peas, Applesauce and Milk	Bean & Cheese Tacos, Mixed Vegetables, Mixed Fruit and Milk
PM Snack			Muffins	Fruit	Goldfish
AM Snack	6 Blueberry Bagels w/ Cream Cheese & Milk	7 Cereal with Blueberries and Milk	8 Waffles, Pineapples and Milk	9 Muffins W/Jelly, Applesauce and Milk	10 
Lunch	Chicken Sandwich, Pears & Corn and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Cheese Tortellini, Mixed Veggies, Pears and Milk	Cheese Pizza, Peas, Pineapple and Milk	
PM Snack	Yogurt & Graham Crackers	Carrots W/Ranch (Toddler Substitute)	Muffins	Fruit	
AM Snack	13 Blueberry Bagels w/ Cream Cheese and Milk	14 Cereal with Blueberries and Milk	15 Pancakes, Pineapples and Milk	16 Muffins W/Jelly and Milk	17 Bagel w/ Cream Cheese Bananas and Milk
Lunch	Grilled Cheese Sandwich, Carrots, Applesauce & Milk	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Cheese Quesadilla, Black Beans, Corn and Milk	WG Spaghetti w/ Meat Sauce, Peas, Pears and Milk	Turkey, Green Beans, Mashed Potatoes
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	Animal Crackers
AM Snack	20 Blueberry Bagelsw/ Cream Cheese & Milk	21 Cereal with Blueberries and Milk	22 Waffles, Pineapples and Milk		
Lunch	Hamburger, Carrots, Pineapples and Milk	Turkey & Cheese Sandwich, Sweet Potato Fries, Green Beans and Milk	Chicken Tacos, Carrots, Pears and Milk		
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins		
AM Snack	27 Blueberry Bagels/ Cream Cheese and Milk	28 Cereal, Blueberries and Milk	29 Pancakes, Pineapples and Milk	30 Muffins W/Jelly and Milk	
Lunch	Grilled Turkey & Cheese Sandwich, Carrots, & Pineapples	Turkey & Cheese Roll Up, Sweet Potato Fries, Green Beans and Milk	Soft Tacos, Black Beans, Pears & Milk	Baked Ziti, Mixed Veggies, Mixed Fruit & Milk	
PM Snack	Yogurt & Graham Crackers	Carrots with Ranch (Toddler Substitute)	Muffins	Fresh Fruit	

\*Menu is subject to change