

January 2023 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	1	2	3	4	5
		Waffles, Strawberries & Milk	Omelettes, Blueberries & Milk	Bagels w/ Cream Cheese, Mangos & Milk	Cereal, Bananas & Milk
Lunch	Closed for New Year's day		Pizza, Green Beans, Mandarin Oranges & Milk	Chicken Spaghetti, Carrots, Pineapple & Milk	Sloppy Joes, Mixed Vegetables, Apricots & Milk
PM Snack			Goldfish, Gelatin & Water	Oranges, Crackers & Water	Chef's Choice, Water
Breakfast	8	9	10	11	12
	Blueberry Muffins, Applesauce & Milk	Pancakes, Strawberries & Milk	Biscuits w/ Turkey Sausage, Blueberries & Milk	Cinnamon Toast, Mangos & Milk	Cereal, Bananas & Milk
Lunch	Diced Turkey, Mashed Potatoes, Peaches & Milk	Chef's Choice, Corn, Pears & Milk	Beefy Mac, Green Beans, Mandarin Oranges & Milk	Chili w/ Crackers, Carrots, Pineapple & Milk	Grilled Chicken, Mixed Vegetables, Apricots & Milk
PM Snack	Fig Bars, Mixed Fruit & Water	Teddy Grahams, Sunbutter & Water	Cheese-Its, Gelatin & Water	Yogurt, Graham Crackers & Water	Chef's Choice, Water
Breakfast	15	16	17	18	19
		Waffles, Strawberries & Milk	Omelettes, Blueberries & Milk	Bagels w/ Cream Cheese, Mangos & Milk	Cereal, Bananas & Milk
Lunch	Closed For Martin Luther King		Chicken Sliders, Green Beans, Mandarin Oranges & Milk	Turkey & Cheese Roll-Ups, Tator Tots, Pineapple & Milk	Chicken Alfredo, Mixed Vegetables, Apricots & Milk
PM Snack			Crackers, Cheese & Water	Apples, Yogurt & Water	Chef's Choice, Water
Breakfast	22	23	24	25	26
	Blueberry Muffins, Applesauce & Milk	Pancakes, Strawberries & Milk	Biscuits w/ Turkey Sausage, Blueberries & Milk	Cinnamon Toast, Mangos & Milk	Cereal, Bananas & Milk
Lunch	Chicken Nuggets, Mashed Potatoes, Peaches & Milk	Chef's Choice, Corn, Pears & Milk	Macaroni & Cheese, Green Beans, Mandarin Oranges & Milk	Hamburgers, Carrots, Pineapple & Milk	Teriyaki Chicken, Mixed Vegetable Rice, Apricots & Milk
PM Snack	Crackers, String Cheese & Water	Vanilla Wafers, Sunbutter & Water	Goldfish, Gelatin & Water	Oranges, Crackers & Water	Chef's Choice, Water
Breakfast	29	30	31		
	French Toast, Applesauce & Milk	Waffles, Strawberries & Milk	Omelettes, Blueberries & Milk		
Lunch	Rib Sandwich, Mashed Potatoes, Peaches & Milk	Teddy Grahams, Sunbutter & Water	Pizza, Green Beans, Mandarin Oranges & Milk		
PM Snack	Fig Bars, Mixed Fruit & Water	Vanilla Wafers, Sunbutter & Water	Cheese-Its, Gelatin & Water		

