



January 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	1 Center Closed 	2 Egg & Cheese Taco, Mixed Fruit, Milk	3 Pancakes, Strawberries, Milk	4 English Muffins w/ Turkey Sausage, Pears, Milk	5 Cereal, Fruit, Milk
Lunch		Tortellini w/ Alfredo, Green Beans, Pears, Milk	Turkey Mac n Cheese, Peas, Tropical Fruit, Milk	Chicken Quesadilla, Spanish Rice, Apricots, Milk	Sloppy Joes, Tater Tots, Pineapple, Milk
PM Snack		Yogurt w/ Fruit, Water	Animal Crackers, Apple Juice	Apple Slices W/ Sun Butter	Nutrigrain Bar, Water
Breakfast	8 Toast w/ Jelly, Pears, Milk	9 Oatmeal w/ Mango, Milk	10 French Toast, Blueberries, Milk	11 Blueberry Muffins, Pears, Milk	12 Cereal, Banana, Milk
Lunch	Nuggets, Carrots, Fruit, Milk	Spaghetti w/ Meat Sauce, Green Beans, Milk	Pizza, Corn, Tropical Fruit, Milk	Fish Sticks, Broccoli, Mandarin Oranges, Milk	Salisbury Steak, Potatoes, Apricots
PM Snack	Graham Crackers, Applesauce, Water	Pita Bread W/ Hummus, Water	Sweet Potato Crackers, Mango, Water	Melon Cubes, Vanilla Wafers, Water	Tortilla w/ Sun Butter, Water
Breakfast	15 Center Closed 	16 Egg & Cheese Taco, Mixed Fruit, Milk	17 Waffles, Mangos, Milk	18 Biscuits w/ Turkey Sausage, Pears, Milk	19 Cereal, Banana, Milk
Lunch		Tuna Noodle Casserole, Peas, Mandarin Oranges, Milk	Ravioli, Green Beans, Apricots, Milk	Turkey Taco, Refried Beans, Apple Slices, Milk	BBQ Chicken Sandwich, Tater Tots, Apricots, Milk
PM Snack		Yogurt w/ Fruit, Water	Animal Crackers, Apple Juice	Pears w/ Cheese Slice, Water	Pretzels w/ Cheese, Water
Breakfast	22 Cheese Toast, Tropical Fruit, Milk	23 Bagel w/ Cream Cheese, Peaches, Milk	24 Pancakes, Strawberries, Milk	25 Blueberry Muffins, Pears, Milk	26 Cereal, Banana, Milk
Lunch	Fish Sticks, Peas, Sliced Apples Milk	Chicken n Rice, Salad/Carrots, Apricots, Milk	Ravioli, Green Beans, Apricots, Milk	Turkey & Cheese Roll-up, Baked Beans,	Hamburger, Baked Beans, Apple Slices, Milk
PM Snack	Graham Crackers & Apple Sauce, Water	Yogurt w/ Fruit, Water	Cheese & Crackers, Water	Melon Cubes, Vanilla Wafers, Water	Sun Butter and Jelly, Water
Breakfast	29 Cinnamon Toast, Pears, Milk	30 Oatmeal, Blueberries, Milk	31 Waffles, Mangos, Milk		
Lunch	Nuggets, Carrots, Fruit, Milk	Tuna Melt, Tater Tots, Peaches, Milk	Pizza, Corn, Tropical Fruit, Milk		
PM Snack	Goldfish, Apple Juice	Hummus w/ Pita, Water	Veggie Crackers, Apple Juice		