

## **July 2025**

- \*All meals are served w/water
- \* All lunches served w/milk

|            | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY                                     | FRIDAY  |
|------------|---|--|---|--|---|
| AM Snack   |   | 1<br>Turkey Sausage, Biscuit                         | <b>2</b><br>Blueberry Muffins                         | 3<br>Cereal w/Milk                           | 4   |
| Lunch      |   | Chicken Spaghetti, Green Beans,<br>Apricots          | Mini Turkey Corn Dogs,<br>Mashed Potatoes, Applesauce | Turkey Cheese Sandwich, Carrots,<br>Banana   | No School   |
| PM Snack   |   | Strawberry Parfait Day                               | Pretzels  | Chocolate Chip Cookies                       |   |
| Vegetarian |   | Pasta  | Veggie Nuggets  | Cheese Sandwich                              |   |
| AM Snack   | <b>7</b><br>Blueberry Belvita                             | 8<br>Scrambled Eggs                                  | 9<br>Apple Cinnamon Muffins                           | 10<br>Bagel w/Cream Cheese                   | 11<br>Cereal w/Milk                                 |
| Lunch      | Beef and Rice w/Gravy, Mixed<br>Veggies, Mandarin Oranges | Bean and Cheese Burrito, Corn,<br>Pears              | Sloppy Joes, Tator Tots,<br>Peaches                   | Teriyaki Chicken, Veggie Rice,<br>Pineapple  | Sun butter and Jelly Sandwich,<br>Sun Chips, Banana |
| PM Snack   | Mozzarella, Crackers                                      | Sweet Potato Crackers                                | Strawberry Chex Mix                                   | Apples, Sun butter                           | Scooby Snacks                                       |
| Vegetarian | Rice w/Veggies  | No Sausage   | Veggie Patty  | Veggie Rice                                  | No Alternative                                      |
| AM Snack   | <b>14</b><br>NutriGrain Bar                               | 15<br>Turkey Sausage, Biscuit                        | 16 Blueberry Muffins                                  | 17 French Toast Sticks                       | 18<br>Cereal w/Milk                                 |
| Lunch      | Fish Sticks, Green Beans,<br>Apricots                     | Chicken Cheese Quesadilla, Corn,<br>Mandarin Oranges | Ravioli, Peas, Pears                                  | Salisbury Steak, Mashed Potatoes,<br>Peaches | Chicken Nuggets, Carrots,<br>Banana                 |
| PM Snack   | Wheat Crackers/Cream Cheese                               | Raisins, Graham Crackers                             | Chex Mix  | Cheese and Crackers                          | Fig Newtons   |
| Vegetarian | Veggie Nuggets  | Cheese Quesadilla                                    | Cheese Ravioli  | Veggie Patty                                 | Grilled Cheese                                      |
| AM Snack   | <b>21</b><br>Blueberry Belvita                            | <b>22</b><br>Scrambled Eggs                          | 23 Apple Cinnamon Muffins                             | <b>24</b> Bagel w/Cream Cheese               | <b>25</b><br>Cereal w/Milk                          |
| Lunch      | Turkey w/Gravy, Mashed<br>Potatoes, Pears                 | Mac and Cheese, Green Beans,<br>Mandarin Oranges     | Tator Tot Beef Casserole, Peas,<br>Mixed Fruit        | Turkey Soft Taco, Corn, Pineapple            | Cheese Hamburger, Sun Chips,<br>Banana              |
| PM Snack   | Apples, Sun butter  | Cheese and Crackers                                  | Vanilla Ice Cream Day                                 | Strawberry Yogurt, Granola                   | Cheese It Crackers                                  |
| Vegetarian | Veggie Patty  | No Alternative                                       | Cheesy Tator Tots                                     | Cheese Quesadilla                            | Veggie Patty  |
|            | 28  | 29   | 30  | 31   |   |
| AM Snack   | NutriGrain Bar  | Turkey Sausage, Biscuit                              | Blueberry Muffins                                     | French Toast Sticks                          |   |
| Lunch      | Turkey Cheese Roll, Carrots,<br>Peaches                   | Beef Spaghetti, Green Beans,<br>Apricots             | Mini Turkey Corn Dogs, Veggie<br>Rice, Pears          | BBQ Chicken Sandwich, Tator<br>Tots, Apples  |   |
| PM Snack   | Vanilla Wafers  | Veggie Toasted Chips                                 | Pretzels  | Raisins, Graham Crackers                     |   |
| Vegetarian | Grilled Cheese  | Pasta  | Veggie Nuggets  | Tator Tot w/Veggies                          |   |