



October 2025

*All meals are served w/water

* All lunches served w/milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Cinnamon Apple Muffin	2 Bagel w/Cream Cheese	3 Cereal w/Milk
Lunch			Beef Rice Bake, Green Beans, Apples	Turkey w/Gravy, Mashed Potatoes, Pears	Chicken Sandwich, Sun Chips, Banana
PM Snack			Sweet Potato Crackers	Sunbutter, Crackers	Chex Mix
Vegetarian			Rice w/Veggies	Potatoes w/Veggies	Veggie Nuggets
AM Snack	6 Blueberry Belvita	7 Omelet	8 Blueberry Muffin	9 Waffles w/Syrup	10 Cereal w/Milk
Lunch	Tator Tots Beef Casserole, Corn, Peaches	Chicken Nuggets, Mixed Veggies, Apples	Beef Lasagna, Green Beans, Apricots	Turkey Rice Casserole, Broccoli, Mixed Fruit	Turkey and Cheese Sandwich, Sun Chips, Banana
PM Snack	Goldfish	Yogurt, Granola	Mozzarella, Cracker	Applesauce, Graham Cracker	Pretzels
Vegetarian	Noodles w/Veggies	Veggie Nuggets	Cheese Ravioli	Cheesy Rice	Grilled Cheese
AM Snack	13 NutriGrain Bar	14 Sausage Biscuit	15 Cinnamon Apple Muffin	16 French Toast	17 Cereal w/Milk,
Lunch	Chicken Alfredo, Peas, Peaches	Mac and Cheese, Green Beans, Pears	Turkey Soft Taco, Carrots, Mixed Fruit	Salisbury Steak, Mixed Veggies, Apricots	Mini Turkey Corn dogs, Mashed Potatoes, Banana
PM Snack	Cheese and Crackers	Strawberry Chex Mix	Goldfish	Trail Mix	Vanilla Wafers
Vegetarian	Cheese Ravioli	No Sausage	Cheese Quesadilla	Veggie Nuggets	Cheesy Noodles
AM Snack	20 Blueberry Belvita	21 Omelet	22 Blueberry Muffin	23 Waffles w/Syrup	24 Cereal w/Milk
Lunch	Beef Spaghetti, Broccoli, Apples	Bean Cheese Burrito, Corn, Mandarin Oranges	Ravioli, Green Beans, Mixed Fruit	Teriyaki Chicken, Veggie Rice, Pineapple	Cheese Hamburger, Sun Chips, Banana
PM Snack	Animal Crackers	Cheese Its Crackers	Apples, Sun butter	Veggie Toasted Chips	Sweet Potato Crackers
Vegetarian	Pasta w/Sauce	No Sub	Veggie Patty	Veggie Nuggets	Grilled Cheese
AM Snack	27 NutriGrain Bar	28 Sausage Biscuit	29 Cinnamon Apple Muffin	30 French Toast	31 Cereal w/Milk
Lunch	Chicken Spaghetti, Mixed Veggies, Peaches	Tator Tots Beef Casserole, Corn, Pears	Chicken Cheese Quesadilla, Green Beans, Applesauce	Fish Sticks, Broccoli, Mandarin Oranges	Pepperoni Pizza Rolls, Carrots, Banana
PM Snack	Scooby Snacks	Cheese and Crackers	Yogurt, Granola	Goldfish	Chef Choice
Vegetarian	Butter Garlic Noodles	Cheesy Tator Tots	Cheese Quesadilla	Veggie Nuggets	Cheese Pizza