



January Food Service Calendar



						GREEN = Wheat, Whole-Grain, & Multi-Grain Items	RED = Vegetarian Option	PURPLE = Infant/Toddler Alternative
	MON	TUES	WED	THURS	FRI			
	Dec. 29	Dec. 30	Dec. 31	1	2			
Breakfast	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk			WG Blueberry Muffin, 1% Milk, Whole Milk		
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, Green Beans, 1% Milk - Whole Milk	Scrambled Egg Patty, WG Biscuit, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	School Closed - Happy New Year!		Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk		
PM Snack	Chef's Choice Day	Strawberry Yogurt, Water - Banana Snack Puffs	Early Closure			Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce		
	5	6	7	8	9			
Breakfast	WG Pancake, 1% Milk - Whole Milk	WG Spooner Cereal, Strawberry Slices, 1% Milk - Whole Milk	Diced Mangoes, Yogurt, 1% Milk, Whole Milk	WG Banana Muffin, 1% Milk - Whole Milk	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk			
Lunch	Pizza Max Stick with WG Breading (Mozzarella Cheese Pizza), Mixed Veggies, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Corn, 1% Milk, Whole Milk	Sunbutter on WG Bread, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Turkey Sausage Patty (Vegetarian Patty), Mandarin Orange, Sweet Potato Fries, 1% Milk - Whole Milk			
PM Snack	WG Graham Crackers, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices			
	12	13	14	15	16			
Breakfast	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG Blueberry Muffin, 1% Milk, Whole Milk	Yogurt, 1/2 Banana, 1% Milk, Whole Milk			
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk			
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water			
	19	20	21	22	23			
Breakfast		WG French Toast Sticks, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG Toaste Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk	Chef's Choice Day			
Lunch	MLK Day - School Closed	Diced or Shredded Chicken with BBQ Sauce (Vegan Crumbles), Broccoli, Pineapple Tidbits, 1% Milk, Whole Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Beef or Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Chef's Choice Day			
PM Snack		WG Cheez Itz, Water	WG Soft Pretzel Rod, Water - Diced WG Soft Pretzel Rod	Diced Mandarin Oranges, Animal Crackers, Water	Chef's Choice Day			
	26	27	28	29	30			
Breakfast	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk, Whole Milk			
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk - Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk			
PM Snack	WG Graham Crackers, Water	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	Townhouse Crackers, American Cheese Slice, Water			

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)

Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)

Canned fruit are in natural j