



# April Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30-Mar

31-Mar

1

2

3

AM Snack	<b>Chef's Choice Day</b>	WG Mini Bagel, Cream Cheese, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar 1% Milk - Whole Milk	WG French Toast Sticks 1% Milk - Whole Milk	WG Cereal 1% Milk, Whole Milk
Lunch	<b>Chef's Choice Day</b>	Turkey or Beef Tacos on a WG Tortilla (Veggie Crumbles), Diced Peas, Green Beans, 1% Milk - Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Cheesburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk - Whole Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	<b>Chef's Choice Day</b>	Strawberry Yogurt Water	Cucumber Slices, Hummus, Water Diced Cucumber	Animal Crackers Water	WG Wheat Thins, Water WG Toasted Oats
AM Snack	WG Waffle 1% Milk - Whole Milk	WG Cereal 1% Milk - Whole Milk	Strawberry Yogurt, 1% Milk, Whole Milk	WG Muffin 1% Milk - Whole Milk	<b>Chef's Choice Day</b>
Lunch	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Veg Griller), Diced Carrots, Diced Peas, 1% Milk, Whole Milk, Cheese on WG Bread	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Broccoli, 1% Milk, Whole Milk	<b>Chef's Choice Day</b>
PM Snack	WG Graham Crackers, Water	Fresh Apple Slices, Water Wheat Thins, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Water	<b>Chef's Choice Day</b>
AM Snack	WG Apple Cinnamon Loaf 1% Milk, Whole Milk	WG Waffle 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt 1% Milk, Whole Milk	WG Cereal 1% Milk - Whole Milk
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk	Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk - Whole Milk	Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% milk - Whole Milk	Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk - Whole Milk
PM Snack	WG Champ Bites Water - Banana Snack Puffs	Strawberry Yogurt Water	WG Pita, Hummus, Water	Fresh Apple Slices, Water Diced Mandarin Oranges	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices
AM Snack	<b>Chef's Choice Day</b>	WG Toasted Oats Cereal 1% Milk - Whole Milk	WG Oatmeal Cereal Bar 1% Milk, Whole Milk	WG French Toast Sticks 1% Milk - Whole Milk	WG Scooters Cereal 1% Milk, Whole Milk
Lunch	<b>Chef's Choice Day</b>	WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Peas, 1% Milk, Whole Milk	Diced Chicken (Vegan Crumbles) & Mashed Potato Bowl w/Gravy, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread, Diced Peaches, Corn, 1% Milk - Whole Milk	WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk
PM Snack	<b>Chef's Choice Day</b>	WG Cheez Itz Water	WG Graham Crackers, Water	Animal Crackers, Water	Townhouse Crackers, American Cheese Slice, Water
AM Snack	WG Cereal 1% Milk - Whole Milk	WG Cereal Oatmeal Bar 1% Milk - Whole Milk	WG Cereal 1% Milk, Whole Milk	WG Waffle 1% Milk - Whole Milk	<b>Chef's Choice Day</b>
Lunch	Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Pizza with WG Crust, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	WG Cheese Pierogies, Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk	<b>Chef's Choice Day</b>
PM Snack	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Cucumber Slices, Hummus, Water - Diced Cucumber	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Graham Crackers Water	<b>Chef's Choice Day</b>

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.



