



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant and 2 Yr Old Substitution

	Meatless MONDAY	Taco TUESDAY	Chicken WEDNESDAY	Sammy THURSDAY	Fun FRIDAY
	3	4	5	6	7
AM Snack	WG Blueberry Loaf, 1% Milk, Whole Milk	WG Mini Bagel, Cream Cheese, 1% Milk Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk, Whole Milk	
Lunch	MYO Pizza, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk, Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk, Whole Milk	Staff Professional Development- School Closed
PM Snack	Frozen Fruit Push Pop, Water	Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water - Diced Cucumber	Mozzarella String Cheese, Water - WG Toasted Oats	
	10	11	12	13	14
AM Snack		WG Cereal, 1% Milk Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf 1% Milk, Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Staff Professional Development - School Closed	Chicken Taco , Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk, Whole Milk
PM Snack		Fresh Apple Slices, Water, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	Watermelon Smoothie Bowl, Water
	17	18	19	20	21
AM Snack	WG Waffle, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk, Whole Milk	Yogurt, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk, Whole Milk
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk, Whole Milk	Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% Milk, Whole Milk	Sloppy Joe Sammy (Vegan Griller) , Mixed Veggies, Fruit Cocktail, 1% Milk, Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk, Whole Milk
PM Snack	WG Vanilla Graham Bears, Water	WG Vanilla Graham Bears, Water	WG Rice Cake, Sunbutter, Water	Mozzarella String Cheese, Water Diced Mandarin Oranges	Mozzarella String Cheese, Water - WG Toasted Oats
	24	25	26	27	28
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal, 1/2 Banana, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk - Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Broccoli, Applesauce, 1% Milk, Whole Milk	BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk - Whole Milk	Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk - Whole Milk

PM Snack	WG Champ Bites, Water - Banana Snack Puffs	Fresh Apple Slices, Sunbutter, Water - Applesauce	WG Soft Pretzel Rod, Water - Snack Puffs	Townhouse Crackers, American Cheese Slice, Water	Ice Cream Cup WG Graham Crackers
Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juic					