OCTOBER MENU- 2026

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/ Toddler/Beginner Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	1	2
Breakfast	**Chef's Choice Day**	WG Mini Bagel, Cream Cheese, 1% Milk Whole Milk	WG Cereal Oatmeal Bar, 1% Milk Whole Milk	WG French Toast Sticks, 1% Milk Whole Milk	
Lunch	**Chef's Choice Day**	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk , Whole Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk Whole Milk,	School Closed- Professional Development Day
PM Snack	**Chef's Choice Day**	Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water - Diced Cucumber	Wheat Thin Crackers, Mozzarella String Cheese, Water - Applesauce	
	5	6	7	8	9
Breakfast	WG French Toast Sticks, 1% Milk, Whole Milk	WG Cereal , 1% Milk, Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Loaf, 1% Milk, Whole Milk	WG Cereal, 1% Milk -, Whole Milk
Lunch	Sunbutter & Jelly Sammy on WG Bread, Applesauce, Corn, 1% Milk, Whole Milk	Chicken/Cheese/Ranch Snack Wrap (Cheese) Diced Mango, Corn, 1% Milk, Whole Milk	WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	WG Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, 1% Milk, Whole Milk	Meatloaf (Vegan Crumbles), Mandarin Oranges, Mashed Potatoes, 1% Milk, Whole Milk
PM Snack	Townhouse Crackers, American Cheese Slice, Water	Fresh Apple Slices, Sunbutter, Water Applesauce	WG Rice Cake, Sunbutter, Graham Cracker, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	That's It Apple Crunchers, Water
	12	13	14	15	16
Breakfast	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, 1% Milk, Whole Milk	WG Cereal 1% Milk , Whole Milk	Yogurt, 1% Milk, Whole Milk	**Chef's Choice Day**
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk	Chicken Fajitas (Vegan Crumbles)on WG Tortilla, Potato Coins, Diced Pears, 1% Milk , Whole Milk	WG Chicken Drummies, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk , Whole Milk	Sloppy Joe Sammy , (Vegan Griller) Mixed Veggies, Fruit Cocktail, 1% Milk , Whole Milk	**Chef's Choice Day**
PM Snack	WG Pizza Crackers , Water	Cucumber Slices w/Ranch, Water, WG Toasted Oats	WG Rice Cake, Sunbutter, Graham Cracker, Water	WG Graham Cracker, Water	**Chef's Choice Day**
	19	20	21	22	23
Breakfast	Cinnamon Raisin Toast, 1% Milk,, Whole Milk	WG Cereal, 1% Milk , Whole Milk	WG Oatmeal Cereal Bar, 1% Milk, Whole Milk	WG French Toast Sticks, 1% Milk , Whole Milk	WG Cereal, 1% Milk, Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	Chicken Teriyaki Wrap (Vegan Crumbles), Broccoli, Mandarin Oranges, 1% Milk,, Whole Milk	Chicken (Vegan Nuggets)Mashed Potato Bowl, Gravy, Tropical Fruit, 1% Milk, Whole Milk	Sunbutter & Jelly Sammy on WG Bread, Applesauce, Corn, 1% Milk, Whole Milk	Philly Cheesesteak (Vegan Griller)WG Roll, Potato Coins, Pineapples 1% Milk , Whole Milk
PM Snack	WG All Sport Bites, Water	That's It Apple/Banana Fruit Bar, Water	WG Soft Pretzel Rod, Water	Townhouse Crackers, American Cheese Slice, Water	WG Vanilla Bear Graham, Water
	26	27	28	29	30
Breakfast	**Chef's Choice Day**	WG Waffle, 1% Milk, Whole Milk	WG Cereal 1% Milk , Whole Milk	WG Cereal 1% Milk , Whole Milk	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk
Lunch	**Chef's Choice Day**	Chicken Fajitas (Vegan Crumbles)on WG Tortilla, Potato Coins, Diced Pears, 1% Milk, Whole Milk	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk, Whole Milk	WG Chicken Drummies, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk, Whole Milk	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk, Whole Milk
PM Snack	**Chef's Choice Day**	Cucumber Slices w/Ranch, Water, WG Toasted Oats	WG Rice Cake, Sunbutter, Graham Cracker, Water	Townhouse Crackers, American Cheese Slice, Water	WG Pizza Crackers , Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) **Preschool Serving Size:** Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) **Canned fruit are in natural juices.**